



Findings:

Found quite a lot of change when I laid the Holotype t-shirt first against the front of my body and then against the back. I did a baseline first, so you'll see three segments below and in the above screenshot:

Segment 1 – 2-minute Baseline

Segment 2 – Holotype shirt laid against front of body from 2:02 to 5:39 minutes

Segment 3 – Holotype shirt laid against back of body 5:39 to 8:25 minutes

I felt much calmer and more coherent with the Holotype shirt against my body and was aware of it cocooning first the front and then the back of my torso, a very welcome feeling. I didn't expect to see any brainwave changes, as I figured this was on the level of subtle energy. But you can see an enormous amplification of the 30uV pattern in Segment 2, especially in delta and gamma, although Segment 3 quieted down except for the left-brain delta which remained at 18uV.

In the Composite Display at the bottom of the above screenshot, the vertical red markers delete movement artifact between the segments. So the amplification of the overall pattern is not due to artifact—it's real. The Holotype shirt literally powered me up, which I suppose is why I felt calmer and more coherent.

Most notable are the Training Summary statistics below each brainwave pattern. I went from Awakened Mind 59 to 73% and Gamma Synchrony 46 to 53%, which is quite an enormous change. The electrodes were placed on my forehead and were not in the usual Mind Mirror configuration, so AM 73% is an extraordinarily high score, compared to my highest-yet for frontal readings of 60+%.

With each test, as I held the Holotype shirt against my chest, I felt better and better. I figured it was because I was dropping into meditation a lot. But I did markedly notice, in the first test, that high pitches began to ring in my ears, for me a sign of spiritual awareness. Now I'm thinking the sense of well-being and the high pitches might have been due to the Holotype shirt.

This brainwave amplification is actually a pretty remarkable finding since it undoubtedly means that the Holotype shirt's electromagnetic field powered up my body and brain.